

Zoe Young Biography

For over 15 years Zoe has been helping leaders and managers to change things in their organisations. To modernise workplace processes and practices and open up opportunities for women, which benefit everyone, not just women.

Zoe is a Sociologist and works with organisations to unpick topics and issues about gender and inclusion that are complicated and sensitive. She generates insight that directs organisational change in very practical ways. Zoe has a special interest in improving outcomes for women in employment and recently completed a doctorate on that topic. Her book in progress *The Balance Quest: Modern Motherhood, Careers and Flexibility* will be published by Policy Press in 2018.

Zoe is an Associate Consultant to Timewise, the flexible working experts, and advises the Centre for Ageing Better (CfAB) and Business in the Community's (BITC) 'age at work' campaign on workplace innovation that supports longer-working lives.