

Ashley Paré

Ashley Paré is the Founder and CEO of Own Your Worth LLC, an organization on a mission to break glass ceilings through career negotiation. As a Leadership Coach, Negotiation Expert, and Speaker, Ashley is passionate about gender equity and women's advancement in the workforce. She helps clients negotiate raises, promotions, and seats at the table without the fear of negative consequences and she helps corporations create inclusive cultures.

Ashley leverages over 12 years' experience in Human Resources working with multi-national organizations in technology, Pharma, and consulting. In addition, Ashley is a Lean In Circle Leader and a certified facilitator for the AAUW Work Smart program in the Boston city initiative to close the gender pay gap. She has been featured in The New York Times, CNN Money, and Boston Voyager Magazine. Ashley holds a Master's certificate in HR Management, has traveled the world, and lives in Boston with her husband. You can learn more about her work at www.ownyourworth.com.