

Lisa Marie Nelson, PhD, ACC, CPC, ELI-MP is a multi-passionate entrepreneur, coach, and author. Dr. Nelson received her PhD in Pathology from University of North Carolina in Chapel Hill. She spent more than 15 years working within the biotech/pharma sector, first as a scientist and then as a marketing/commercialization expert. Dr. Nelson trained at the Institute for Professional Excellence in Coaching (iPEC) and is an ICF-Credentialed (ACC) Certified Professional Coach (CPC) and an Energy Leadership Index Master Practitioner (ELI-MP). She is the Founder of SeaChange Coaching, LLC, and Oyster Books. Dr. Nelson devotes her practice to helping clients create transformative change in their lives and companies. Her first book, *Sh\*t I Wish I Knew Yesterday: Wisdom for My 20-Year-Old Self*, will be published November 2019. Dr. Nelson lives east of San Francisco with her partner and Kona, a (very spoiled) rescue dog.