

Faisal Khan is a corporate finance and technology professional turned executive coach and well-being consultant. Through his company 1ExtraordinaryLife, he blends his business, coaching, and positive psychology backgrounds and trains organizations to create thriving environments for employees. He helps increase employee engagement, reduce burnout, and improve work-life balance, resulting in better business outcomes.

Having spent many years working in some of the world's largest consulting and pharmaceutical companies, Faisal recognized how success in large organizations happens when they manage to optimize their resources towards the organization's mission. Companies who are able to unleash the potential in their human capital not only succeed, but thrive. Such companies have systems, processes and programs in place to ensure that the company stays on track to deliver its mission. Faisal believes that it is a similar garnering of resources at the individual level, physically, psychologically, socially, and intellectually that can be harnessed to help individuals thrive in life, making them and the organization more productive, more efficient and a step closer to extraordinary.

Faisal holds a master's degree from The University of Pennsylvania's Wharton Business School and School of Engineering, and a Master in Applied Positive Psychology, also from the University of Pennsylvania. He is a member of the International Coach Federation, a Certified Professional Co-Active Coach, a Certified Applied Positive Psychology Coach, and is a member of the Forbes Coaching Council.

He is an assistant instructor in the Master of Applied Positive Psychology Program at the University of Pennsylvania and the founder of the Penn Program for Flourishing, a program to help students gain the skills to flourish in school life and beyond. He is also an occasional guest lecturer at the Wharton Business School.