



Carmela Bennett, EdD has worked in the field of human development, education and training for over two decades. A certified executive leadership and somatic coach, Carmela holds an EdD in Leadership from Columbia University and a Masters in Counseling Psychology. She is currently on the faculty of Teachers College where she teaches Embodied Leadership, a body/mind approach integrating neuroscience, somatics, cognitive psychology, and leadership best practices into a radically different way of learning to lead.

As a certified executive and somatic coach, Dr. Bennett now integrates her experience, research, and belief in human potential to maintain a successful executive coach and consulting practice designing and delivering holistic, individualized programs for individual leaders and within for-profit and non-profit organizations and universities seeking to transform their professional and personal leadership. Clients and organizations impacted by her work include BerlinRosen Public Relations, Bloomberg Philanthropies, The Natural Resources Defense Council, JFK & M Engineering Consultants, The Omega Institute, NYU Leadership Initiative, Columbia Executive Education, NYU Stern School of Business, University of Maryland, and Stanford University Business School.

Dr. Bennett's lifelong participation in the expressive arts, especially dance and movement, inspires her passion for integrating creativity and imagination that is grounded in academic theory and practice into all aspects of her work. A true ENFP, she is focused, intuitive and creative in her approach to developing personal and professional leadership. She considers our basic human desire for connection and communication a powerful and fundamental resource for meaningful change.

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