



**Renée Dineen** is a coach, consultant and workshop leader who has been transforming organizations, teams and careers of talented and ambitious professionals, entrepreneurs, changemakers and executives for over 20 years.

Renée has built organizational and people capability in over 40 countries in the biotech, pharmaceutical, health care, technology, internet, and service industries, an exciting career that included her own five-year executive expatriate assignment in Switzerland.

Today she runs her own global coaching and consulting practice out of California, with an important focus on women and leadership. She believes that the new era of women's leadership calls us to step more fully into our role as changemakers, requiring greater attention to self-care and our true aspirations. Only then can women achieve the freedom, discernment and choiceful balance needed to do their best work.

Renée earned her Masters Degree in Industrial/Organizational Psychology and is certified coach, graduating from two ICF accredited programs, New Ventures West and Deep Coaching Institute.

In her free time, Renée and her family are fueled by their passion for travel, which includes 45+ countries and counting. Inspired by these experiences, Renée is writing a book she hopes will expand some of the limiting paradigms that keep parents from traveling with children. Her blog on the topic can be found at [travelmomentwithkids.com](http://travelmomentwithkids.com).

*“When we feel freer in our lives, when our mind is quieted and we have given ourselves permission to make choices that serve us, we come alive. We begin a journey to living a life we love.” ~Renée Dineen*

**rmd**

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