



Katherin Nukk-Freeman, Esq.

Co-Founder & President

Katherin is the Co-Founder and President of SHIFT HR Compliance Training. As a dynamic employment law advisor, training instructor and industry thought leader, Katherin partners with clients to develop and implement strategies to manage risk, comply with the law, increase productivity and create an overall better workplace.

Leveraging more than 20 years of success as a trusted advisor to corporate leaders, Katherin enables companies to proactively address and effectively manage workplace issues related to harassment and discrimination complaints, COBRA compliance, disability and leave law, wage and hour disputes, social media risks, staff reductions in force, and high-risk terminations. Katherin created SHIFT HR Compliance Training to provide innovative, engaging and impactful online training services to companies of all sizes from start-ups to Fortune 500 companies.

SHIFT HR Compliance Training delivers compliance training to human resource departments, executives, management teams and employees nationwide. Katherin works with human resources management professionals providing guidance and instruction enabling them to better manage and proactively address their training programs and many other employment law issues thereby avoiding costly litigation for their companies.

As a champion for forward-looking employment law applications, Katherin is a frequent presenter on employment law issues and has authored countless articles on current employment law “hot topics”.